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WHEN Does A Day REALLY BEGIN?

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A vertical rectangular panel with a background image of a sunrise over a beach. The sun is low on the horizon, casting a warm glow over the water and sand. The text "SUNRISE" is written vertically in large, bold, black capital letters.

SUNRISE

A vertical rectangular panel with a background image of midday over a body of water. The sun is high in the sky, creating a bright, hazy atmosphere. The text "MIDDAY" is written vertically in large, bold, blue capital letters.

MIDDAY

A vertical rectangular panel with a background image of a sunset over a body of water. The sun is low on the horizon, casting a warm glow over the water and reeds in the foreground. The text "SUNSET" is written vertically in large, bold, black capital letters.

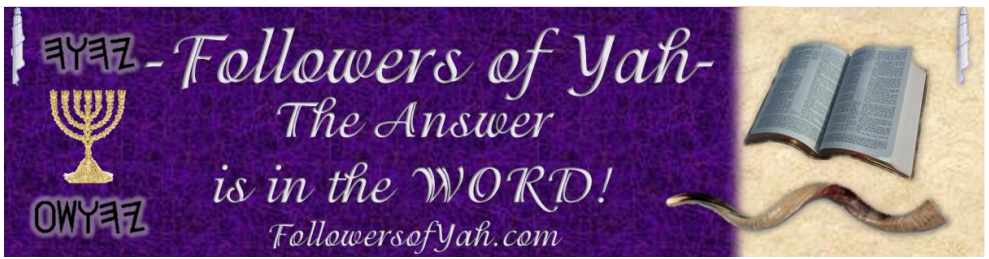
SUNSET

A vertical rectangular panel with a background image of a midnight sky with clouds. The sky is dark, and the clouds are illuminated from below, creating a dramatic effect. The text "MIDNIGHT" is written vertically in large, bold, white capital letters.

MIDNIGHT

-Glossary-

Introduction-----	1
Evening to Morning-----	5
What Defines a Day?-----	11
Scriptural Proof-----	19
Historical & Documented Proof-----	36
Why Not Sunrise?-----	45
Why Not Midday/Noon?-----	63
The Dangerous Deception-----	68
Conclusion-----	73



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*“For Elohim is not the author of
confusion but of peace...”*

1 Corinthians 14:33

Since Scriptures state that Yahuwah is not the author of confusion, ponder on **just who** or (more precisely) **just what** is the author of confusion then? Having knowledge about this subject will transform our thoughts into a totally different mindset in understanding exactly how and why matters are as they are.



See, from the beginning ha shatan (Satan) has been **“walking about like a roaring lion, seeking someone to devour.”** (1 Peter 5:8-9) To [devour](#) means to eat up greedily, to destroy, consume, waste, demolish, dispose

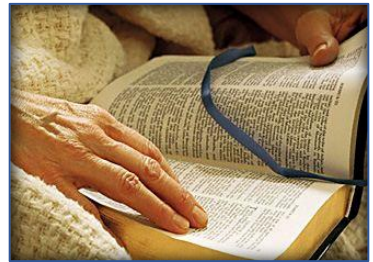
of, overwhelm, overtake and to overcome.

Did you know that when hunting for prey, the lion is an extremely intelligent, ravenous and ferocious beast. The lion knows once the prey can be put into a state of confusion, the battle will end with a sweet conquering victory. The same goes for ha shatan. By getting and possessing the undiscerning victim in a state of confusion the prey can easily be devoured. This is HaShatan's main goal. Despite this, even within the grip of the lion's jaw, there still remains a way for us to overcome this wicked beast. All we have to do is submit

ourselves to Yahuwah, “resist the devil and he shall flee.” (James 4:7) HalleluYah! When we submit to Yahuwah, the devil must flee from us! Isn’t this wonderful news beloved ones?

Let us also remember that we were told to, “***STUDY to show ourselves approved unto Elohim³***”. When studying, we become a worker that does not need to be ashamed, rightly dividing the Word of Truth (2 Timothy 2:15).

Yet sadly, many Scriptural believers are unable to be in agreement with even the basic fundamental core beliefs. Ponder how it can be possible that millions of people read the same



book (The Scriptures) and yet come up with so many different dogmas. Obviously, confusion is running amok! As we enter into earth’s final moments, many false teachings have entangled the believers. This is being done by the mouth of wolves in sheep’s clothing with Satan as their pack leader. By not rightly dividing the word, many have been greatly deceived into all winds of doctrines.

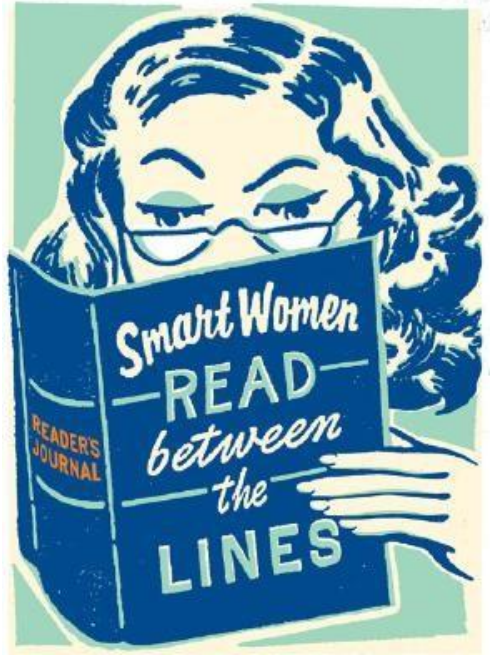


HaShatan, that roaring lion has never ceased to shoot its piercing arrows of confusion at Yahuwah’s Qodesh (Set-Apart) Sabbath. As if it wasn’t bad enough to change the Sabbath from Saturday to Sunday.^{4 & 5} Not wanting the world to observe Yahuwah’s seventh day Sabbath correctly, that beast even

tried changing the day cycle from midnight to midnight ⁶. Yet, that still wasn't good enough to the dragon's satisfaction. To throw out more confusion, it claims the day lasts but only 12 hours; from sunrise to sunset and even sunset to sunrise. There is also the idea, [from HaShatan of course] that a day begins at mid-day/noon. People are so gullible, they will actually believe it!

While some groups are beginning to claim the day begins at sunrise, many still believe the day begins at sunset. Anyone can be a little adversary and say the day begins whenever they want. They can effectively convince a third of the world into believing their idea and it still will not matter. The truth is, the ONLY thing that essentially matters is what Yahuwah says. In this case, the bottom line is which day did Yahuwah truly ordain to be Qodesh and WHEN does that day REALLY begin!

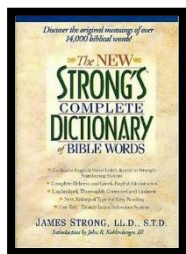
With so much confusion amongst believers, what then is the answer? Especially when many are indeed using the same great book to back up their claims! The truth of all matters and every single answer to each question can clearly be found in Yahuwah's Word. There is no doubt what-so-ever about that! When rightly dividing the WORD, there is no need to *'read between the lines'*, and



no need for *'assumptions'* or even *'estimations'*. These guesses are the core to most, if not all false teachings. Going by Yahuwah's word will indeed uncover the veil HaShatan has placed over the truth. To find the answer to **"WHEN does a day REALLY begin"** let us open the Scriptures; rightly dividing the Word of Truth. The Scriptures are our most important blueprint, but we will also take a peek into some historical records as we witness the manifestations of Yahuwah's Word unfold in our realm.



Many are claiming the Scriptures say one thing, but in reality they actually state the complete opposite. There has been a major mistake occurring within this doctrine of when a day begins. We are about to rip the blindfolds off for you. All that remains will leave you with Yahuwah's unaltered Word, plain and simple. Even a child will be able to understand the simplicity of our Abba's (Father's) Word! Are you ready? Here we go.



One of the only ways to properly understand Scripture is of course, to pray for the three treasures, which are wisdom, knowledge and understanding. Having discernment is also an important key in understanding EXACTLY which Hebrew keywords to look for and to KNOW what they mean. This process is part of rightly dividing the Word! We will use the "Strong's Hebrew Dictionary" unless otherwise noted. We will begin in Bereshith (Genesis) 1:2-5:

"And the earth came to be formless and empty, and **darkness**^{H2822} was on the face of the deep. And the

Ruach [Spirit] of Elohim was moving on the face of the waters.”

“And Elohim said, “Let light come to be,” and light came to be.”

“And Elohim saw the light, that it was good. And Elohim separated the light from the darkness.”

“And Elohim called the **light**^{H216} ‘**day**’^{H3117} and the **darkness**^{H2822} He called ‘**night**’^{H3883} And there came to be evening and there came to be morning, the first **day**^{H3117}.”

The meaning behind the highlighted words in the above verses do not necessarily support or base any doctrine such as sunrise or sunset. However, it must be noted, since the beginning of time in creation, earth began with darkness. Yahuwah began creation while there was darkness. His Ruach (Spirit) was *moving* on the face of the waters in the DARKNESS, and then, He created light. He named the light ‘day’ and He also named the darkness ‘night’. Darkness came first. Apparently, the darkness was just as important as the light because Yahuwah thought enough to name them both. It doesn’t matter which one He named first, what matters is what came **first**.

Now some amongst the sunrise to sunrise doctrine would have us believe that the ‘**light**’ Elohim created was Yahushua. Not only is this adding to the Word, but there is no Scriptural proof to back up such claims whatsoever. This is nothing more than one of the many assumptions for the sunrise

doctrine. Furthermore, we know that it has been written concerning Yahushua:

"In the beginning was the Word, and the Word was with Elohim, and the Word was Elohim. He was in the beginning with Elohim. ALL came to be through Him, and without Him not even one came to be that came to be." -Yohanan (John) 1:1-3

"Because in Him were created all that are in the heavens and that are on earth, visible and invisible, whether thrones or rulerships or principalities or authorities - ALL have been created through Him and for Him." -Colossians 1:16

Clearly, Yahushua was already with the Father during the creation week. As we just read in the above verses, nothing came to be without Him. We also know that it has been written, ***"let us make man in our image."*** The 'Our' image was referring to the three that bear witness as outlined in 1 Yohanan | John 5:6-8. Yahushua was there helping in the creation of all matters which includes the light!

To state and claim Yahushua is the ***light*** that which came to be during creation week is not based on anything but assumption. Furthermore, those with this same ideology that the ***light*** was Yahushua, also claim that the ***darkness*** was Satan! Yet, there is no possibility that could have been the case since ***darkness*** came first.

We just read how Yahushua was present with the Father having a major role in creation and nothing ***'came to be'*** without Him! Therefore, Satan did not precede Yahushua!

Please note the following about Satan:

"Thou wast perfect in thy ways from the day that thou wast created, till iniquity was found in thee." -Ezekiel 28:15

The Hebrew word for "morning star" is boqer kowkab. Even the New Testament parallels Isaiah 14:12!

NIV: Isaiah 14:12 "How you have fallen from heaven, O morning star, son of the dawn! You have been cast down to the earth, you who once laid low the nations!"

Those who hold onto the sunrise belief also mistakenly state that there is no possibly way Yahuwah would start a day off with darkness. Since His ways and thoughts are higher than our ways and thoughts (Yeshayahu | Isaiah 55:8-9) it is best not to assume anything like this, wouldn't you agree?

They base this idea on presumptuously alluding that the darkness here represents evil. Therefore, in their mindset a day (yom) could not start off with darkness/evil. It is quite evident that they are not rightly dividing the Scriptures when they say that Yahuwah did NOT CREATE DARKNESS. In the prophetic book of YeshaYahu | Isaiah we can see exactly who created it:

"...FORMING LIGHT and CREATING DARKNESS, making peace and creating evil, I, Yahuwah, do all these." – Yeshayahu | Isaiah 45:7



From His own mouth, He spoke the words. Yahuwah created darkness and evil. Both of these in the grand scheme of things are not bad. These were created to bring about HIS will

and not ours! Any Scriptural student knows that this earth age is a time of great testing, trials and refinement. If there were no adversary to tempt us then everyone would be in the coming millennium. However, the time is coming when the tempter will be silenced. Once this age of testing comes to an end, (at the blowing of the seventh trumpet), for one thousand years that dragon will be locked up! Rejoice with us beloved ones, what a wonderful time that will be!

Not only did Yahuwah create good and evil, light and darkness, but upon completion of the creation week, He beheld all that He made and declared, “...*it was very good.*” (Bereshith | Gen. 1:31) Because of this we cannot, nor should we assume darkness, in these verses represent evil.

A baby is not one year old until he/she has lived one full year. This is the same case with a day. The day began with darkness, and thus, the first day was not completed until darkness returned. To say time began with sunrise is so ignorant because even a child can tell you *darkness came first*. We also cannot fail to forget, the greater light (the sun) and the lesser

light (the moon) and the stars were not created until the fourteenth verse of Bereshith (Genesis) chapter one, the fourth day. Obviously, it was not the sunrise that was the first of all creation. We repeat first there was darkness and THEN there was light AND the sun was not created until the fourth day. So there is no possible way these opening verses represents the day (yom) beginning at sunrise! But the day started with darkness!

Dark... Light, First Day.
Dark ... Light, Second Day.
Dark... Light, Third Day and so on.

or

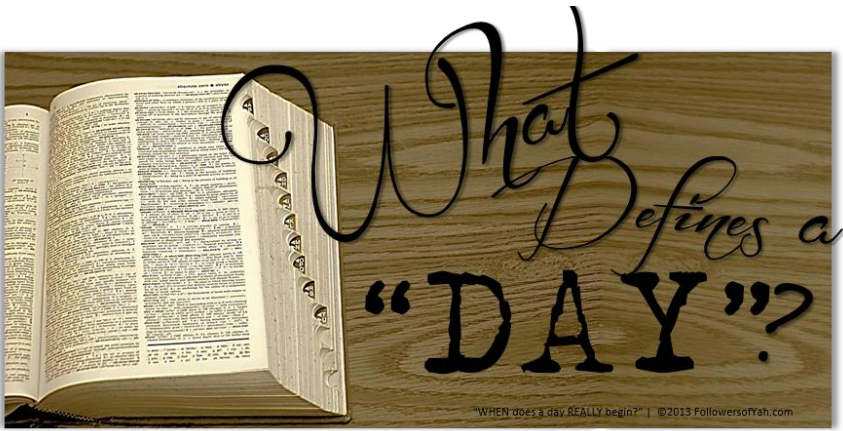
Evening to Morning First Day...
Evening to Morning Second Day...
Evening to Morning Third Day...
Evening to Morning Fourth Day...
Evening to Morning Fifth Day...
Evening to Morning Sixth Day...
Evening to Morning Seventh Day...

The day went from evening to morning, and, of course... afternoon, and then evening to morning. What time of the day comes first here? Evening to Morning... the answer is very simply. Evening to morning, the first day, is the start of the sequence of events for the entire creation week.

This can also be found in Tehillim | Psalms 55:16-17

“I, I call upon Elohim, And YAHUWAH saves me. Evening and morning and at noon I complain and moan, And He hears my voice.”

Clearly, evening and noon are totally different times of the day.

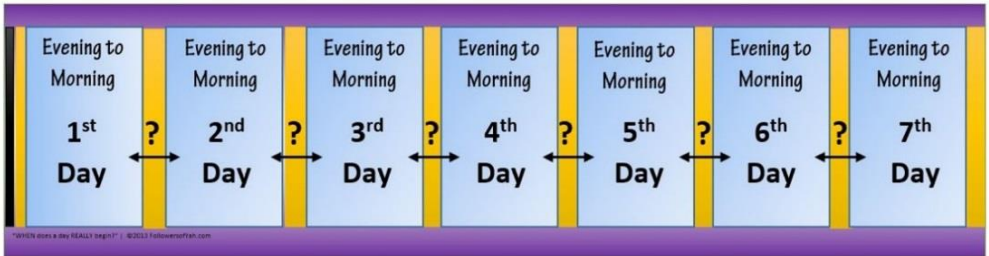
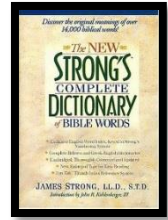


Something as simple as what defines a 'day' has not been spared from the wicked arrows of confusion. There is a wave of different opinions within the flock. As some claim a day is defined as one twenty-four hour period. While others state a day consist of only twelve hours. Ask a Lunar Sabbitarian and you could possibly get told one day consists of 72 hours. For the Lunar Sabbitarians to defend the erroneous teaching of their doctrine they have to give account for those 'so called' extra days that occur a couple times in each year. So they just lump them up into one very long day! Yes, it is true that a yom can be a space of time. However, a day all of a sudden doesn't equal three days!

What actually constitutes a day? In order to know the answer of how many hours are in a day, we first need to properly understand what a day really is, not to mention

what exactly defines a day,

Strong's Hebrew Dictionary #H3117- **yom**: ***“to be hot, a day (as the warm hours), whether literally (from sunrise to sunset, or from one sunset to the next, or figuratively a space of time.”***



The day talked about in Bereshith (Genesis) chapter one can be one of two different sorts. This same approach is with all of the other occurrences of the word, yom (day). Day is a space of time that can be from sunrise to sunset. We would call this the daytime (12 hours). A full day would consist of sunset to sunset/sunrise to sunrise (24 hours). If we look back at the demonstration of Evening to Morning (on page 8) we get a good idea of what type of day (yom) it is. Here is a chart to further help:

Viewing this chart diagrams the creation day (yom) cycle. **First** there was darkness, then Elohim created light. He then separated the light from the darkness, called light 'day', darkness 'night'. Evening to Morning thus became the first day. He then created an expanse to separate the heavens (shamayim). Evening to Morning, were the second day. Elohim said for the waters under the expanse of the heavens

to separate and to let dry land appear. He called the dry land 'earth' and the collection of waters He called 'seas'. Evening to Morning, were the third day. This pattern continues throughout the entire creation week.



One *evening* (a 12 hour pace of time) plus one *morning* (a twelve hour space of time) equals a single day (yom). The hours of darkness, called

evening, began first; the hours of daylight, called morning, came second making up a total of 24 hours.

What about the time frame between Morning and Evening? Of course this is when Elohim did the creating. The question mark between the arrows represents the day. This is the time of the day when there is light. Yahuwah called light 'day'. And thus, this is the 'day' being talked about in creation. Evening to **morning**, the first day-LIGHT... Evening to **morning**, the second day-LIGHT... Evening to **morning**, the third day-LIGHT. The most plausible type of 'day' that the time between the morning and evening is sunrise to sunset. However, this does not mean that a full day is only 12 hours because Yahushua said there are 12 hours of day-LIGHT:

“Yahushua answered, “Are there not twelve hours in the day^{G2250}?” –Yohanan (John) 11:9

Notice Yahushua did not say twelve hours were in a full day or in a day as some would have us believe. What He said was that there were 12 hours **in the day** | light. To fully illustrate this, Strong's Dictionary #G2250: ἡμέρα hēmera (hay-mer'-ah) in the above verse means, **“day, that is, (literally) the**

time space between dawn and dark".

To expound even more, according to Thayer's Bible Dictionary #G2250: ἡμέρα hēmera (hay-mer'-ah) means "***the interval between sunrise and sunset, as distinguished from and contrasted with the night***".

To further show that one day consists of two twelve hour intervals let us review the following verses concerning Yahushua's birth:

"And it came to be, that while they were there, the days were filled for her to give birth. And she gave birth to her first-born Son, and wrapped Him up, and laid Him down in a feeding trough, because there was no room for them in a lodging place. **And in the same country**

there were shepherds living out in the fields, keeping watch over their flock by night. And look, a messenger of Yahuwah stood before them, and the esteem of Yahuwah shone around them, and they were greatly afraid. And the messenger said to them, "do not be afraid, for look, I bring you good news of great joy which shall be to all people." **Because there was born to you today in the city of Dawid a Saviour, who is Messiah, the Master.** And this is the sign to you: You shall find a baby wrapped up, lying in a feeding trough." And suddenly there was with the messenger a crowd of the heavenly host praising Elohim and saying "Esteem to Elohim in the highest, and on earth peace among men with whom He is pleased!" And it came to be, when the messengers had gone away from them

into the heaven that the shepherds said to each other, “Indeed, let us go to Běyth Leḥem and see this matter that has taken place, which the Master has made known to us.” And they came in haste and found Miryam and Yosěph, and the baby lying in a feeding trough. And having seen, they made known the matter which was spoken to them concerning the child.” - Luke 2:6-17

Notice how the day portion was part of the night period? Searching further we find more Scriptural proof to indicate that a day makes up a **night** and a **light** portion:

“And Yahushua said to him, “Truly, I say to you **that today, this night**, before the cock shall crow twice, you shall deny Me three times.” –Mark 14:30

Another good example proves a full day consists of day-light and night-time can be found in the great book of 2 Kings:



"So **at twilight** [just before complete darkness] they rose up to go to the camp of the Arameans. And when they had come to the outskirts of the Aramean camp, look, no one was there. For Yahuwah had caused the army of the Arameans to hear the noise of chariots and the noise of horses, the noise of a great army, and they said to each other, "Look, the sovereign of Yisra'el has hired against us the sovereigns of the Hittites and the sovereigns of the Egyptians (Mitsrians) to come against us!" So they rose up and fled **at twilight** [just before

complete darkness] and left the camp as it is – their tents, and their horses, and their donkeys-and they fled for their lives. And when these lepers came to the outskirts of the camp, they went into one tent and ate and drank, and took from there silver and gold and garments, and went and hid them. And they came back and went into another tent, and took from there and went and hid it. Then they said to each other, "We are not doing right. **This day is a day of good news**, and we are keeping silent. And if we wait **until morning light**, then evil shall come upon us. And now, come let us go and inform the house of the sovereign." And they came and called to the gatekeepers of the city, and informed them, saying, "We went to the camp of Aram, and look, there is not a man or a voice of man, only horses tied and donkeys tied, and the tents as they were." And the gatekeepers called, and they informed the house of the sovereign inside. So the

sovereign **rose up in the night** and said to his servants, “Let me now inform you what the Arameans have done to us. They know that we are starving, so they have gone out of the camp to hide themselves in the field, saying, “When they come out of the city. We shall catch them alive and enter into the city.” -2 Melakim (2 Kings) 7:5-12

This took place during the twilight hours, right when it was getting dark. These lepers had the entire camp to themselves. They spent time going from tent to tent searching through the belongings and then they went and hid the plunder. They did this a second time. After the second time they then thought to inform the Sovereign. They said, “This **day is a day** of good news” and they thought if they waited **until the morning light** evil would come upon them. So off they went to inform the gatekeepers, who in return, informed the house that then told the King. Now by the time the King got wind of this it say, “he rose up **in the night**”.

Clearly, a full day is made up of night-time along with a day-light time.

Please review the chart on the next page to get a better visualization of the event:



DAY time and NIGHT time



are considered to be in the same DAY

"WHEN does a day REALLY begin?" | ©2013 FollowersofYah.com



2 Kings 7:5	So at twilight the lepers rose up to go to the camp of the Arameans.	2 Kings 7:10-11	The Lepers went to the gatekeepers of the city, informed them and the gatekeepers informed the house of the sovereign.
2 Kings 7:6-7	Yahuwah caused the Aramean army to hear the sound of chariots, horses and a great army. They fled at twilight.	2 Kings 7:12	WHILE IT WAS NIGHT the King arose...
2 Kings 7:8	Lepers came into the camp, ate and drank, took silver and gold and garments and hid them. Went back into another tent and did the same again.	Lepers said to each other, "We are not doing right. This DAY is a DAY of good news, and we are keeping silent. And if we wait <u>until morning light</u> , then evil shall come upon us. And now, come, let us go and inform the house of the sovereign."	
2 Kings 7:9			

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Remember all of these instances were spoken at night and yet they were referred to as "day". Obviously the night

portion is also part of the day. Therefore, to claim that a full day is only twelve hours is contrary to the written word of Yahuwah!



Throughout the entire Scriptures we can find several examples to prove **WHEN a day REALLY begins**. Many have picked and chosen verses, twisting them to create a point that is completely made up. We are not going to waste time reviewing verse after verse that contain the words 'day', 'evening', 'the next day' or any others that do not actually have a legitimate point to support the fact of **WHEN a day REALLY begins**. The numerous verses used to prove a sunrise to sunrise day cycle are completely irrelevant and do not even line up or make sense (please see the Sun-Risers' **Nonsense** chart on page 34). The following verses prove that a yom (day) does not begin at sunrise, midnight, or even noon, but at sunset. Are you ready? Here we go:

“But they urged Him strongly, saying, “Stay with us, for it is toward EVENING, and THE DAY HAS DECLINED.” And He went in to stay with them.” -

Luke 24:29

If a day started at sunrise then there is no possible way the day would be ending towards evening now could it? Please note, this verse declares the day declined at the very moment towards evening. When we just go by the written word, Scriptures interpret themselves for us.

To further prove **WHEN a day REALLY begins** let us look at two other Bible versions:

“...but they held him back, saying, “Stay with us; THE DAY IS ALMOST OVER and it is getting DARK.” So he went in to stay with them.” -Luke 24:29 (Good News Bible)

“But they pressed Him to remain with them.” Because, said they, “it is getting towards EVENING, and the DAY IS NEARLY OVER.” So He went in to stay with them.”-Luke 24:29 (1912 Weymouth New Testament)

This verse has two key phrases.

“for it is toward EVENING¹”, and “THE DAY HAS DECLINED²”

“THE DAY IS ALMOST OVER²” and “it is getting DARK¹”

“it is getting towards EVENING¹”, and the “DAY IS NEARLY OVER²”

¹It is towards evening, getting dark. And ² the day has declined, almost or nearly over. This clearly reveals when the day ends... Evening... Darkness.

We see a second witness in Nehemiah of **WHEN a day REALLY begins:**



“And it came to be, at the gates of Jerusalem (Yerushalayim), **as IT BEGAN TO BE DARK BEFORE THE SABBATH**, that I commanded the gates to be shut, and commanded that they should not be opened till after the Sabbath. And I stationed some of my servants at the gates, so that no burdens would be brought in on the Sabbath day.” -NehemYah (Nehemiah) 13:19

The word 'dark' is #H6751 in the Strong's Hebrew Bible Dictionary:

"TSALAL #H6751: shade, twilight, shadowing, becoming dark, nightfall."

AS IT BEGAN TO BE DARK was **BEFORE** the Sabbath's beginning.

If the Sabbath was at sunrise, the requirement to close the gates of the city would not be until “as it began to be light”. This is not the case here though. Since the Sabbath began at sunset, the gates of the city were to be closed as it began to be dark, **BEFORE** the Sabbath's beginning.



According to history, the gates of the city were closed nightly to protect the city from its enemies. This does not matter. The point here is that Nehemiah made sure the gates were closed *BEFORE* the Sabbath. As it began to be dark

BEFORE the sun was setting so that no burdens would be brought in on the Sabbath day. **If the Sabbath began at sunrise**, Nehemiah would not have made it SO important to close the gates as it began to be dark. Since the gates were already closed at night to protect the city from its enemies it would have been noted to NOT open the gates on the Sabbath morning. There is no record of having the gates closed in the morning or as it began to be light.

The Sun-Rise cult will actually use this verse, claiming we should **not** base **when a day begins** with this ONE verse! Unbelievable! See how false teachers work? They simple want to throw out this verse and not include it as evidence. Why? Because this verse alone proves **WHEN the day begins** and the fact that it does **not** support their false doctrine. Woe, woe unto those false teachers! Of course, they attempt to add all sorts of excuses but beloved ones, just reading the verse in context, with no added clutter, undoubtedly states a day begins at **evening**! Pure and simple that even a child can understand! It doesn't end there though as there are more witnesses.

A third witness to **WHEN a day REALLY begins** can be found in the great book of MatithYahu (Matthew). Clearly, the Sabbath ended BEFORE the sun had even rose:

*“Now **after the Sabbath**, **toward dawn** on the first day of the week, Miryam from Ma’dala and the other Miryam came to see the tomb.”*

-MattithYahu (Matthew) 28:1

The keywords in this verse are ‘**after**’, ‘**toward**’ and ‘**dawn**’. It is impossible for the Sabbath to begin at sunrise if the Sabbath was already past, and furthermore, dawn|sunrise hadn’t even occurred yet. Also, according to Yohanan|John, chapter twenty, verse one (fourth witness), it was still dark when they arrived at the tomb of Yahushua.

*“And on the first day of the week Miryam from Magdala came early to the tomb, **WHILE IT WAS STILL DARK**, and saw that the stone had been removed from the tomb.”* –Yohanan (John) 20:1



We read in Matthew 28:1 that it was **TOWARDS DAWN**. When...? **ON-THE-FIRST-DAY OF THE WEEK**. It was already the first day of the week and they arrived at the tomb **TOWARDS DAWN**. Before the sun had risen! As we also see above, in our fourth witness to *WHEN a day REALLY begins*; it was the first day of the week and **STILL DARK**. We have here, two back to back verses that tell us:

- 1) It was the first day of the week.
- 2) The sun had not risen yet, it was still dark.

We also have a fifth witness to **WHEN a day REALLY begins**.

“And **when the Sabbath was past**, Miryam from Ma’dala, and Miryam the mother of Ya’aqob, and Shelomah bought spices, to go and anoint Him. And **very early on the first day of the week**, they came to the tomb **at the rising of the sun.**” -Mark 16:1-2

“ And **on the first day of the week** Miryam from Magdala came early to the tomb, **WHILE IT WAS STILL DARK**, and saw that the stone had been removed from the tomb.”
-Yohanana | John 20:1

“Now **after the Sabbath**, **toward dawn on the first day of the week**, Miryam from Ma’dala and the other Miryam came to see the tomb.”
-MattithYahu | Matthew 28:1

“WHEN does a day REALLY begin?” | ©2013 FollowersofYah.com

“ And **when the Sabbath was past**, Miryam from Ma’dala, and Miryam the mother of Ya’aqob, and Shelomah **bought spices**, to go and anoint Him. And **very early on the first day of the week**, they came to the tomb **at the rising of the sun.**”
-Mark 16:1-2

These three verses plainly illustrate that the sunrise day cycle is impossible even when stretched to the seams! This entire subject can become confusing when one has to read between the lines. In order to make the sun-riser doctrine appealing,

the lie has to be stretched and is based only upon assumptions!

Brothers and Sisters, if the 24 hour day cycle began at sunrise, Mark chapter sixteen verses one and two would completely be contradicting each other. **WHEN THE SABBATH WAS PAST** they **bought** the spices and then they came to the tomb **AT THE RISING OF THE SUN**. **If a day REALLY begins at the rising of the sun** they would have broken the Sabbath. BUT, they did NOT break the Sabbath because **the SABBATH WAS PAST BEFORE THE SUN HAD RISEN!** HalleluYah be to the simplicity of Yahuwah's word!

Continuing through the Scriptures we find our sixth, seventh, and eighth witness to **WHEN a day REALLY begins**. Please note the hastening of removing the bodies before the Sabbath approached when Yahushua was impaled:

*“Therefore, since **it was the Preparation Day**, that the bodies should **not remain on the stake on the Sabbath** – for that Sabbath was a high one – the Yehudim (Jews) asked Pilate to have their legs broken, and that they be taken away.” –Yohanan (John) 19:31*

It was still DAY, the Preparation DAY. Because of the preparation day this was extremely important for the bodies not to remain on the stake on the Sabbath day. Where did this hastening to remove the body on the stake/tree come from?



Wednesday
(Passover)

Thursday
(Day 1 UB)

Friday
(Day 2 UB)

Saturday
Shabbat
(Day 3 UB)

Night

Sunday
(First day of
the week)

Shelomah,
Myriam
and
Myriam
went to
buy
spices
AFTER
THE
SABBATH
and went
to anoint
Yahushua.

1

2

3

Yahushua placed in
the tomb before
the sunset.

In the heart of the
earth for 3 days
and 3 nights.

Rose on the
third day.

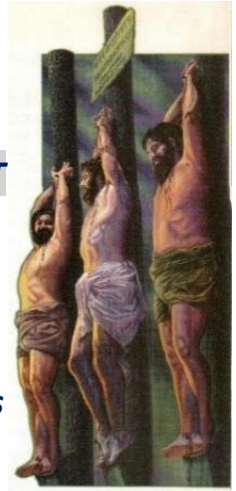
While it was **STILL DARK**,
very early, toward dawn, at
the rising of the sun, they
arrive to **ON THE FIRST DAY**
OF THE WEEK the tomb. They
saw that the stone was
removed from the tomb.
YAHUSHUA had RISEN!
HalleluYAH!

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UB= The Festival of Unleavened Bread

According to the Torah (the law), in Debarim | Deuteronomy chapter twenty-one, verses twenty-two and twenty-three, when a man committed a sin worthy of death, he was to be put to death, hung on a tree. Notice when his body was to be removed:

*“And when a man has committed a sin worthy of death, then he shall be put to death and you shall hang him on a tree. **Let his body NOT REMAIN OVERNIGHT on the tree, for you shall certainly bury him THE SAME DAY** – for he who is hanged is accursed of Elohim – **so that you do not defile the land which YAHUWAH your Elohim is giving you as an inheritance.**” -Debarim (Deuteronomy) 21:22-23*



Clearly, that man’s body was not to remain overnight on the tree. The command was not to remove him and let him lie on the ground below the tree, but the command was for him to be buried **THAT SAME DAY** and NOT to remain **OVERNIGHT** on the tree! Why? *“So that the land was not defiled.”* This is the reason for the haste to remove Yahushua from the stake and lay Him in the tomb, PLUS there was a high Sabbath approaching, the first day of the Feast of Unleavened Bread. They definitely did not want to defile the land.

We can find more evidence about this subject of not letting the body remain overnight in the book of Yehoshua | Joshua:

“And he hanged the sovereign of Ai on a tree until evening. And at sunset Yehoshua commanded that they should take his corpse down from the tree, and throw it at the entrance of the gate of the city, and raise over it a great heap of stones, to this day.” – Yehoshua (Joshua) 8:29

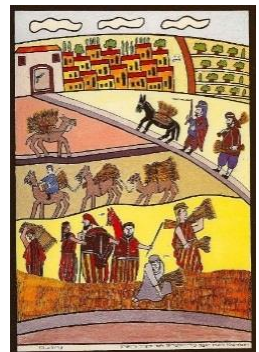
“And afterward Yehoshua smote them and killed them, and hanged them on five trees. And they were hanging on the trees until evening. And it came to be, at the time of the going down of the sun, that Yehoshua commanded, and they took them down from the trees, and threw them into the cave where they had been hidden, and laid large stones against the cave’s mouth, to this day.” –Yehoshua (Joshua) 10:26-27

Continuing back to Yahushua in the tomb:

*“And taking it down, he wrapped it in linen, and laid it in a tomb hewn out of the rock, where no one was yet laid. **And it was Preparation day, and the Sabbath was approaching.**”*

-Luke 23:53-54

If the Sabbath was not to begin until the next morning what was the rush to remove the bodies from the stake and lay Yahushua in a tomb? **If a day is REALLY sunrise to sunrise**, why did they bother to prepare BEFORE it was dark? Why not prepare BEFORE they lay down for bed or BEFORE dawn? It was definitely never unheard of to



wake up before dawn. Take for example, the Mishle | Proverbs 31 woman:

“She also rises while it is still night, And provides food for her household...”

-Mishle | Proverbs 31:15

Apparently Yahushua was to be buried the SAME DAY and He was not to stay on the tree overnight. This clearly defines that the day ended at sunset. If time was from sunrise to sunrise then the body could remain on the tree/stake throughout the night as this would be the same day. Yet they were commanded to take down the body that very same day.

The evidence of the day beginning at sunset does not end here. Let us continue onto the ninth witness that can be found in Shophetim | Judges:

*“And the man arose to go, he and his concubine and his servant. But his father-in-law, the young woman’s father, said to him, “See, **the day is now drawing toward EVENING**. Please spend the night. See, **the day is coming TO AN END**. Stay here, and let your heart be glad. And you shall rise early tomorrow for your journey, and you shall go to your tent.” –Shophetim (Judges) 19:9*

The sun-risers actually try to use this verse in support of their beliefs because of the phrase, “*you shall rise early tomorrow.*” They believe the phrase the father-in-law said, “leave early tomorrow” was spoken after the sun had set. This is not the case here. Please see the chart on the next page to better illustrate this vital piece to the puzzle.

“And the man arose to go, he and his concubine and his servant. But his father-in-law, the young woman’s father, said to him, “See, **the day is now drawing toward EVENING.** Please spend the night. See, **the day is coming TO AN END.** Stay here, and let your heart be glad. And you shall rise early tomorrow for your journey, and you shall go to your tent.”

–Shophetim | Judges 19:9

Judges 19:9

The day ends
and begins at
evening/sunset



What time of the day is it?

“The day is now **drawing toward EVENING...**”

“...the day is **coming to an END.**”

When did the father-in-law suggest for the man to leave?

“...rise early tomorrow (in the morning) for your journey.”

This verse actually proves that the day was ending around the setting of the sun and not the rising. Notice, in the chart on the previous page, the father-in-law asked the man to rise early tomorrow before the sun had set, BEFORE evening had occurred.

The sun-risers want to say, *“The day begins at sunrise because the father-in-law said “early tomorrow”. Since the father-in-law said “early tomorrow,” he meant the first thing the next day. If a day begins at sunset this verse would not make any sense because the morning would be 12 hours into the day. It would not be early tomorrow.”* That is just another assumption to support the false teaching of a day to begin at sunrise. Did you know *“tomorrow”* is actually old English for *“in the morning”*? It does not even necessarily mean, the next day... “[Middle English to morow, from Old English t morgenne, **in the morning** : t , at, on; see to + morgenne, dative of morgen, **morning**.]” -The American Heritage Dictionary of the English Language ©2000 The father-in-law asked the man to leave early tomorrow, early in the morning. *“Stay the night and leave early in the morning”*

Again, we see these two key phrases just as before, ¹**the day is now drawing toward EVENING**. And ²**the day is coming TO AN END**.

Our tenth witness to **WHEN a day REALLY begins...**

When Yahushua Messiah was on this earth, He healed the lame, sick and blind. Since according to the Jewish authority of that time, they believed it to be unlawful to heal on the Sabbath (MatithYahu | Matthew 12:10). Because of this the

people did not arrive until **AFTER sunset**, **when the Sabbath had ENDED**.

“And they went into Kephar Nahum, and immediately on the Sabbath He went into the congregation and taught.” -Mark 1:21

*“And when EVENING came, **when the sun had set**, they brought to Him all who were sick and those who were demon-possessed. And the entire city had gathered at the door. And He healed many who were sick with various diseases, and cast out many demons, and was not allowing the demons to speak, because they knew Him.” -Mark 1:32-34*

Isn't this amazing? Do you see how easy it is to understand the truth when we let the Scriptures interpret themselves? There is no need to read between lines? The ending of the day and the beginning of the next is very easy to comprehend when read in context, **WITHOUT ANY ADDED ASSUMPTIONS**.

This subject of healing after the Sabbath also occurred in Luke 4:31:



“And he came down to Capernaum, a city of Galilee. And he was teaching them on the Sabbath day.” -Luke 4:31

“And when the sun was setting, all who had any who were sick with various diseases brought them to Him. And He

laid His hands on each one of them and healed them.” -Luke 4:40

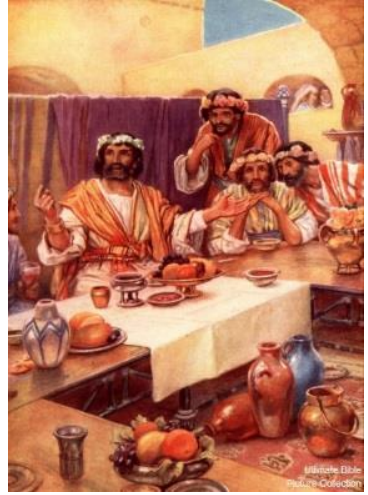
Would it not be obvious, **if a day began at sunrise** that those who were unclean would become clean again at sunrise? Apparently, since the day ended at sunset this is not the case. The unclean were declared clean at sunset, please read our eleventh witness:

"But it shall be **when EVENING comes on**, he shall wash himself with water; and **when the sun is down**, he shall come into the camp again." -Debarim (Deuteronomy) 23:11

This becoming clean at sunset also occurs in several other accounts in Scripture please see; Wayyiqra | Leviticus 1: 24-25; 22:6-7.

In the fourteenth chapter of Judges, Samson proposes a riddle before the attendants of the wedding feast, thus giving us a twelfth witness to **WHEN a day REALLY begins**. They are thus given seven days to solve the riddle:

“And Shimshon (Samson) said to them, “Please let me put forth a riddle to you. If you clearly solve and explain it to me **within the seven days** of the feast, then I shall give you thirty linen garments and thirty changes of garments.”
–Shophetim (Judges) 14:12



Just **before the seven days were complete**, before **SUNDOWN** they brought the answer of the riddle to him:

“And the men of the city said to **him on the seventh day BEFORE THE SUN WENT DOWN**, “What is sweeter than honey? And what is stronger than a lion?” And he said to them, “If you had not ploughed with my heifer, you would not have solved my riddle!” –Shophetim (Judges) 14:18

Witness number thirteen, in the second book of Shemu’el|Samuel, chapter three, when King Abner was killed, David wept greatly and made a promise not to eat anything **UNTIL THE DAY WAS ENDED AT SUN DOWN**:

“All day long the people tried to get David to eat something, but he made a solemn promise, “May Eloah strike me dead if I eat anything **before the day is over!**”
-2 Samuel 3:35 (Good News Bible)

“And all the people came to cause Dawid to eat food while it was still day, but David|Dawid swore, saying,

“Elohim do so to me, and more also, if I taste bread or whatever else **TILL THE SUN GOES DOWN!**”

-2 Shemu’el (Samuel) 3:35 (ISR)

How much clearer can this subject, “**WHEN a day REALLY begins**” be? We have covered multiple witnesses and there is still more Scriptural proof. However for the sake of time and since Scriptures have already given us the answer to “**When does a Day REALLY begin**” let us proceed to the fifteenth and final one.



There is one feast day (appointed time/moedim) of Yahuwah that begins by the sighting of the New Moon. This one feast is called Yom Teruah, which is Hebrew for the Feast of Trumpets. In order to know WHEN the Feast of Trumpets begins, the New

Moon must be sighted by two or three witnesses. The New Moon can only be seen at the setting of the sun for just a few moments and then it is no longer visible. As soon as the New Moon is sighted, Yom Teruah begins. This is the feast that no man knows the day nor the hour. This wonderful annual feast is a foreshadowing of Yahushua’s triumphant second coming, which occurs at the seventh trump.

HISTORICAL AND DOCUMENTED PROOF



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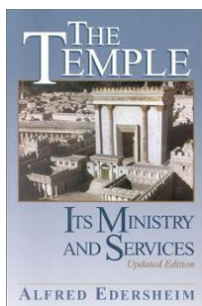


There is no need to show any more Scriptural proof of ***WHEN a day REALLY begins.*** To those who need more facts other than the written word of Yahuwah, we will show historical records to uncover ***WHEN a day REALLY begins.***

Digging through historical & documented records reveals ***WHEN a day REALLY begins..*** Wikipedia tells us "***The Jewish day begins at either sunset or at nightfall (when three second-magnitude stars appear).***"

So a day begins at either sunset or when three second-magnitude stars would appear in the sky! Let us proceed onto looking at more historical records:

According to Chapter thirty-nine of "The Temple- Its Ministry & Service" by Alfred Edersheim:

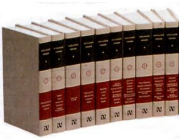


“Formally, the Sabbath commenced at sunset on Friday, the day being reckoned by the Hebrews from sunset to sunset. As no special hour for this was fixed, it must, of course, have varied not only at different seasons, but in different localities. Thus, the Rabbis mention that the inhabitants of a low-lying city, like

Tiberias, commenced the observance of the Sabbath half an hour earlier, while those who lived on an eminence, such as at Sepphoris, continued it half an hour later than their brethren. **If the sun were not visible, sunset was to be reckoned from when the fowls went to roost.** But long before that the preparations for the Sabbath had commenced. Accordingly, Friday is called by the Rabbis 'the eve of the Sabbath,' and in the Gospels 'the preparation' No fresh business was then undertaken; no journey of any distance commenced; but everything purchased and made ready against the feast, the victuals being placed in a heated oven, and surrounded by dry substances to keep them warm. Early on Friday afternoon, the new 'course' of priests, of Levites, and of the 'stationary men,' who were to be the representatives of all Israel, arrived in Jerusalem, and having prepared themselves for the festive season, went up to the Temple. **The approach of the Sabbath, and then its actual commencement, were announced by threefold blasts from the priests' trumpets.** The first three blasts were drawn when 'one-third of the evening sacrifice service was over'; or, as we gather from the decree by which the Emperor Augustus set the Jews free from attendance in

courts of law (*Jos. Ant. xvi. 6, 2.*), about the ninth hour, that is, about three p.m. **on Friday.**

When the priests for the first time sounded their trumpets, **all business was to cease, and every kind of work to be stopped.** Next, the Sabbath-lamp, of which even heathen writers knew (*Seneca, ep. 95.*), was lit, and the festive garments put on. **A second time the priests drew a threefold blast, to indicate that the Sabbath had actually begun.** But the service of the new 'course' of priests had commenced before that. After **the Friday evening service**, the altar of burnt-offering was cleansed from its stains of blood. The week was divided into seven days, of which, however, only the seventh- Sabbath- a name assigned to it, the rest being merely noted by numerals. The day was computed from **SUNSET TO SUNSET** or rather to the appearance of the first three stars with which **a new day commenced.**"



We also find more proof in a footnote from Mathetes-Epistle to Diognetus (Ante-Nicene Fathers – Volume 1):

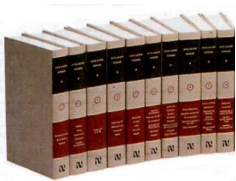
FOOTNOTE: 14 This seems to refer to the practice of Jews in fixing **THE BEGINNING OF THE DAY**, and consequently **of the Sabbath**, from the rising of the stars. They used to say, that when three stars of moderate magnitude appeared, it was night; when two, it was twilight; and when only one, that day had not yet departed. It thus came to pass (according to their *night-day* (νυχθήμερον) reckoning), that

whoever engaged in work on THE EVENING OF FRIDAY, the beginning of the Sabbath, after three stars of moderate size were visible, was held TO HAVE SINNED, and had to present a trespass-offering; and so on, according to the fanciful rule described.



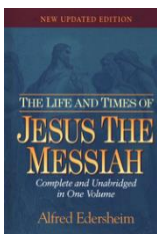
A third historical reference of **WHEN a day was considered to begin** by the Hebrews can be found in “The New Schaff-Herzog Encyclopedia of Religious Knowledge”:

"The civil day was reckoned by the Hebrews from **SUNSET TO SUNSET**, so that the day began at that time **both on ordinary occasions and on Sabbaths and feasts.**" (1954 GEORGE WILLIAM GILMORE, M.A.)



There is a fourth historical reference: ³⁸²
Now, however, the EVENING prevents us from doing so; for the day is drawing to its close, and it is right that we should now bring our disputation to an end. But an opportunity will be given you to-morrow to put questions to us on any points you are pleased to take up. And after these words they went their way."

Archelaus – Acts of Disputation 45-52 - Ante-Nicene Fathers (Volume 6)

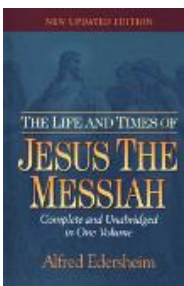


Yahuwah's blessed Sabbath Day is awesome!

Our fifth witness can be found in “The Life and Times of Jesus the Messiah” written by Alfred Edersheim:

*“And now **the weekly Sabbath**, the pledge between Israel and God, **had once more come**. To meet it as a bride or queen, each house was adorned on **the Friday evening**. The Sabbath lamp was lighted; the festive garments put on; the table provided with the best which the family could afford; and the qidush, or benediction, spoken over the cup of wine, which, as always, was mixed with water. And as Sabbath morning broke, they hastened with quick steps to the Synagogue; for such was the Rabbinic rule in going, while it was prescribed to return with slow and lingering steps.”*

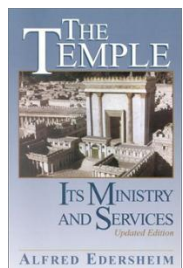
According to “The Life and Times of Jesus the Messiah” the Sabbath followers prepared for the Sabbath on Friday evening at the close of the afternoon AND the Sabbath commenced, that is, it began on the Friday evening:



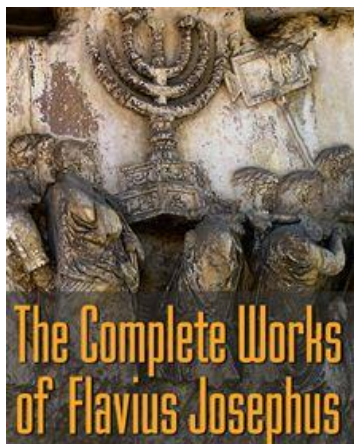
*“The tractate on the Sabbath begins with regulations extending its provisions to the close of the Friday afternoon, so as to prevent the possibility of infringing the Sabbath itself, which commenced **on the Friday evening**.”*

(Book 6, Appendix 17)

Again we read another text mentioning of when the Sabbath began in Alfred Edersheim’s “The Temple – Its Ministry & Service”:



*“Formally, **the Sabbath commenced AT SUNSET ON FRIDAY, the day being reckoned by the Hebrews from SUNSET TO SUNSET.** As no special hour for this was fixed, it must, of course, have varied not only at different seasons, but in different localities.” (chapter 9)*

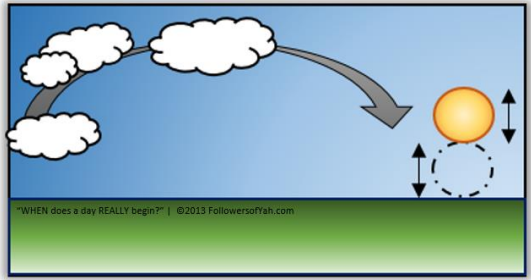


A very reliable historical document written by Joseph ben Matityahu (Josephus Flavius), a Roman-Jewish Historian, gives detail as to when a day ended **AND** when the Sabbath began.

“However, a considerable number of Simon's party fell, and many were carried off wounded; for the zealots

*threw their darts easily from a superior place, and seldom failed of hitting their enemies; but having the advantage of situation, and having withal erected four very large towers aforehand that their darts might come from higher places, one at the north-east corner of the court, one above the Xystus, the third at another corner over against the lower city, and the last was erected above the top of the Pastophoria, where one of the priests stood of course, and **gave a signal beforehand, with a trumpet (19) at the beginning of every seventh day, IN THE EVENING TWILIGHT,** as also **at the evening when that day was finished,** as giving "No one is to do any work on **Friday** from the moment that the sun's disk stands distant from the horizon by the length of its own diameter."*

The Sabbath was considered to begin on what the world calls Friday (day six) from the very moment the sun was the same distant from the horizon as its diameter (see image on right for example) to prevent any risk of breaking the Sabbath.



To go along with Josephus Falvius' text of blowing a trumpet at evening **WHEN THE DAY WAS FINISHED** there is archeological evidence to back up this fact.



The following excerpt is taken from the Biblical Archaeology Society:

"When we excavated the beautifully paved Herodian street adjacent to the southern wall and near the southwestern corner of the Enclosure Wall, we found a particularly large ashlar block. On the inside was a

niche where a man might stand, especially if the ashlar were joined to another which would enlarge the niche.

On the outside was a carefully and elegantly incised Hebrew inscription: LBYT HTKY 'H LHH [RYZ]; “To the place of Trumpeting to (declare).” If the restoration of the world “declare” is correct, the rest of the missing part of the inscription probably went on to tell us more about the declaring of the beginning and the end of the Sabbath.

The stone had been toppled during the Roman destruction of the Temple onto the street below where it had lain for nearly two thousand years until we uncovered it.

notice to the people when they were to leave off work, and when they were to go to work again.” (Wars of the Jews; Book 4, Chapter 9)



Lastly, the most interesting texts of the Dead Sea Scrolls, ‘**The Damascus Document**’ or ‘**Damascus Rule**’ even gives witness to when the Sabbath began:

It must have originally come from the pinnacle of the southwestern corner of the Temple Mount. From a spot on top of the Temple chambers a priest would blow a trumpet on Sabbath Eve, to announce the arrival of the Sabbath and the cessation of all labour, and to announce, on the following evening, the

departure of the Sabbath and the resumption of all labor.

The entire city was visible from this spot on the southwest corner of the Temple Mount; the clarion call of the trumpet would reach the farthest markets of the city. Such a scene is recounted by Josephus in his work,"

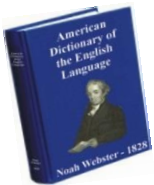
The Jewish War. (IV, 582)." Editor, H. S. 2004; 2004. BAR 06:04 (July/Aug 1980). Biblical Archaeology Society.



We here at the F.O.Y. Ministry have spent many days and several weeks praying, contemplating and restudying this subject of **WHEN a day REALLY begins**. Of course, the majority of us believers have come out of the Babylonian system. Most try their very hardest to learn the truth in all matters so that we may completely “**come out of Babylon**”. Sadly, some try too hard and stumble along the way. We all have discovered many pagan traditions or ways of life that our fathers have inherited as lies. During the process of “coming out of Babylon” can be very easy to accept and make-up new ways of life. Yes, we are to be open minded, but we are also to rightly divide the Word of Truth, studying to show ourselves approved. If we fail in our studies, we will indeed be ashamed. Which means we should not automatically accept every idea or wind of doctrine that flies by our way. We have to search out the answer and every time, the answer is found in the Word!

As we mentioned before, we are to pray for wisdom, knowledge, discernment and most importantly, understanding in order to comprehend all matters. If the Word of Truth (Yahuwah's Word) is not rightly handled, those who do not have the correct amount of studying to show themselves approved will be ashamed, as written in 1 Timothy 2:15. As we read through the numerous studies of the day cycle beginning and ending at sunrise or even midday... it was one verse after another. Some had absolutely NOTHING to do with **WHEN a day REALLY begins**, some did not even line up or make sense, while the others blatantly put their foot in their mouth.

The following reasons are just a few of the MANY instances of why the day cycle of sunrise to sunrise does not line up with Scripture. While so many believers want to flee Babylon, at the same time, many are ignorantly adopting many Babylonian traditions without even realizing it.



According to Webster's 1828 Dictionary and several other historical records we find some shocking information:



“the day may commence (begin) at any period of the revolution. **The Babylonians began the day at sunrise; the Jews, at sunset; the Egyptians, at midnight**, as do several nations in modern times,



the British, French, Spanish, American, ETC. This day, in reference to civil transactions, is called the civil day. Thus with us the day when a legal instrument is dated, begins and ends at midnight.”

The same [Wikipedia](#) article cited earlier states:

“In ancient Egypt, the day was reckoned from sunrise to sunrise. Muslims fast from daybreak to sunset each day of the month of Ramadan.”



Wow, what an eye opener! The Babylonians began their day at the rising of the sun. Whereas the Egyptians at midnight and at other times the Egyptians even adopted sunrise to sunrise. What a convenient way for HaShatan to deceive the little flock of entering into Babylon through the backdoor. Truly, there is no new matter under the sun, what has been then is already here today! (Ecclesiastes 3:1). How can we, the Children of Yahuwah be completely out of Babylon if we are still following traditions straight from the whore herself? We cannot! Hear the ram’s horn...we must come out!

Sadly, many within the congregation are straddling the fence. They have one foot in and the other foot out. We can’t have one foot, hand, leg, finger, eye, nose, ear or mind still in Babylon and the rest of our body in Yahuwah’s Kingdom.

There are some verses that the sun-riser's use to support their views. The following is just a few verses they used to give reason for their beliefs. The first verse they try to use to prove a sunrise to sunrise day cycle can be found in the great book of Shemoth | Exodus 10:13:

“And Mosheh (Moses) stretched out his rod over the land of Mitsrayim (Egypt), and YAHUWAH brought an east wind on the land all that day and all that night. Morning came, and the east wind brought the locusts.” –Shemoth (Exodus) 10:13

Just because the locusts came in the morning does not in any way shape or form prove a day to begin at sunrise. Locusts are not nocturnal insects. Obviously they are going to be buzzing in the morning. The fact that the east wind was on the land all that day and all that night also does not prove **WHEN a day REALLY begins**. It is referring to the different times of the day, DayTIME and NightTIME and is only to show that the east wind was blowing all that day and all that night to bring in the locusts the next morning.

OFFERINGS



We even watched a video which suggests the fact that since the Children of Yisra'el gathered manna during the DayTIME that this supports a sunrise to sunrise day cycle. Reading the verses in Exodus chapter sixteen does NOT support any day cycle either.

The next verse commonly used to support a sunrise to sunrise doctrine

can be found in Leviticus chapter six verse twenty. They want to twist this verse by saying it tells us that a day begins at morning.

*“This is the offering of Aharon and his sons, which they bring near to YAHUWAH, **beginning ON the day when he is anointed**: one-tenth of an ephah of fine flour as a daily grain offering, half of it in the morning and half of it at night.” –Wayyiqra (Leviticus) 6:20*

Notice, it is written as “**ON the day when he is anointed**”. Beginning **ON** the day. **Not** beginning **OF** the day. Yet those in support of the sunrise dogma have managed to twist this entire meaning of the verse. How were they able to convince others the day begins at sunrise with this verse?

By managing to switch the sentence structure! One word can indeed change the entire meaning of a sentence even more so a verse. So when looking at each verse as Scriptural students, we need to first zero in on the subject matter. Upon knowing the subject, the rest of the sentence should follow in line.



The subject matter in the above verse is not WHEN the day begins. The issue is WHAT the priest had to do on whichever day he began his Levitical priesthood and WHEN in the day to do it. He does a daily grain offering in the **morning** and **evening**. This is similar to saying, beginning

on the day I move into a house I must clean it up. Not the beginning OF the day, but beginning ON the day.

He was to perform two DAILY offerings; one in the morning and one in the night WITHIN the same day. It must be noted, looking back into the HEBREW, in this case, is NOT the word NIGHT, it is actually evening.

The word night is H6153 in the Strong's Hebrew Dictionary:

H6153 `ereb - *eh'-reb*: From H6150; dusk: - + day, even (-ing, tide), night.

H6150 `ârab - *aw-rab'*: to grow dusky at sundown: - be darkened, (toward) evening.

So he was to perform one in the morning and the other at dusk or in the evening. He would do this right before the end of the day.

The following verses also proves a day begins in the evening:

“In the first month, on the fourteenth day of the month, between the evenings, is the Passover to YAHUWAH.” –Wayyiqra (Leviticus) 23:5

“It is a Sabbath of rest to you, and you shall afflict your beings. On the ninth day of the month at evening, from evening to evening, you observe your Sabbath.”

–Wayyiqra (Leviticus) 23:32

Instead of just reading the verses as is, the sun-risers try to disprove these verses by adding to the Scriptures. They want to use these verses with the statement that since [according to their doctrine] every day begins and ends with sunrise, Yahuwah decided to make these two days completely different from the rest of the year. This is actually completely far from the truth and contrary to Scriptures. The children of Yisra'el had a hard time counting to seven. They were in the wilderness for 40 years until they could learn to properly follow Yahuwah's commands. As we have cleared up in the very beginning of this study, Yahuwah is not the author of confusion. How confusing would it be, *"Every day you observe the Sabbath and each day with sunrise, BUT My Appointed Times (Feasts) of Pesach (Passover) and Yom Kippur (Day of Atonement) are to be observed at evening to evening on one day and between the evenings on the other."* If they were having a hard time just counting to seven then how hard and confusing would it have been to switch a routine on two high annual Sabbaths?



There has never been a time recorded in Scripture of a day beginning at sunrise. Yet we know the pagans held their devotion services worshipping the rising of the sun:

"So He took me to the inner courtyard of the Temple. There near the entrance of the sanctuary, between the altar and the porch, were about twenty-five men. They had turned their backs to the sanctuary and were bowing low toward the east, worshipping the rising sun."

-Yehezqel (Ezekiel) 8:16

Yahuwah has declared that worshipping toward the rising of the sun (east) is an abomination. Why would He want us to start each day off with the rising of the sun? The fact remains. You will not find one Scripture verse that states a day begins with the rising of the sun yet we have shown the many verses that clearly declares the day ends at dusk/sunset/evening!

Another good reason why we should not reckon time from sunrise to sunrise, (despite this is not based on Scriptures) but because the Babylonians and Egyptians, at one time, adopted this method of worshipping towards the sun deity

this way. It is true that even at one time the Babylonians did start a day off at sunset and we could question, “did Nimrod (the founder of Babylon) do this since his Grandfather was Noah? Could Noah have taught him the correct way to begin a day? Of course, this could have easily been the case!”

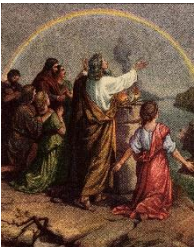
Time and time again, the children of Yisra’el had been warned not to be like the nations around them. Repeatedly they were told not to worship Yahuwah as the heathens worshipped their false deities. Despite the multiply warnings the majority continued to worship the heathen gods, the queen of heaven along with the “hosts of heaven”. Just as times of old, there still remains some within the Jewish faith that continued to worship the rising of the sun:

“Unlike the early Babylonians, whose day began with sunrise, the Jews began theirs with sunset. Some critics,



Dillmann among them, attempted to find traces of the Babylonian reckoning in the early portions of the Bible, but there is no doubt that with the **spread of the Law the reckoning from evening to evening became established** among the Jews (see Ibn Ezra's poem on the Sabbath, in which he decries **the custom of a certain sect which began the Sabbath and festivals with sunrise**; Rosin's edition, ii. 78, Breslau, 1885). The eve of Jewish holidays is therefore not the evening of the festival, but the day preceding it; in conversation, the expression "ereb yomṭob" is even extended to denote an indefinite period preceding the holiday. It is observed as a day on which is prepared (παρασκευῆ) such work as it is not permitted to do on the holiday or on the Sabbath."

(<http://www.jewishencyclopedia.com/articles/5917-eve-of-holidays>)



Notice how a certain sect decided to bring the Sabbath along with the Feast in, with the rising of the sun? This is a direct breaking of the Command of YAHUWAH as the Feast's outlined within Wayyiqra (Lev.) 23 commanded us to start two of the annual Feast's with the setting of the sun! What this group did was no different than what Aaron and those stiff neck ones did so long ago in the wilderness:

*“And he received them at their hand, and fashioned it with a graving tool, after he had made it a molten calf: and they said, These **be thy gods**, O Israel,*



*which brought thee up out of the land of Egypt. And when Aaron saw it, he built an altar before it; and Aaron made proclamation, and said, To morrow is a feast to YAHUWAH. And they **rose up early in the morning**, and offered burnt offerings, and brought peace offerings; and the people sat down to eat and to drink, and rose up to play.”*

–Shemoth (Exodus) 32:4-6

This is amazing! Not only did Aaron declare and make an added feast day but they did this upon rising in the morning! This entire ordeal infuriated Yahuwah so much that three thousand men died (Shem. | Exodus. 32:28) that very same day!

SUN-Risers' Nonsense

What they say:

1. *Yahuwah did not create darkness, thus, light was the first thing created, and since darkness is the absence of light as we read in Genesis 1:5. Since light was created first and darkness was not created, this means that light begins the day.*

The Truth:

Firstly, from reading Genesis 1:5 anyone can see the explanation of “darkness being the absence of light” is NOT even spoken of. Genesis 1:5 does not say “darkness is the absence of light”. Secondly, Yahuwah did indeed create darkness! “forming light and **creating darkness**, making peace and creating evil. ↓ **YAHUWAH, do all these.**’
(Yeshayahu|Isaiah 45:7)

2. Since creation was only during the light part of the day, *this means a day must begin at sunrise.*

Assumption #1. Seriously, this does not support anything. This is not Scriptural proof.

3. Day and Night are two different periods of time, and thus, the day begins at sunrise.

Assumption #2. Of course, as we have discussed in this study, there are several accounts that day and night are two different periods of time. Put them together and we have a full day. NIGHT-time + DAY-time = 24 hour DAY. The fact that ‘Day’ and ‘Night’ are separate does in no way shape or form

support when a day begins and when it ends.

4. Exodus 16:22-23 is *the first really good reason* that the day does NOT begin at sunset. This must mean that day begins at sunrise.

“And it came to be, **on the sixth day, that they gathered twice as much bread**, two omers for each one. And all the rulers of the congregation came and told Mosheh. And he said to them, “This is what YAHUWAH has said, ‘**Tomorrow is a rest, a Sabbath set-apart to YAHUWAH.** That which you bake, bake; and that which you cook, cook. And lay up for yourselves all that is left over, to keep it until morning.’”

(Shemoth|Exodus 16:22-23)

If this is the first really good reason, you’ll probably laugh at the second.

The children of Y’israel were commanded to gather twice as much mannah on the sixth day. Reading Exodus 16:22-23 is so easy to understand. They were to gather **TWICE AS MUCH bread|mannah on the SIXTH DAY.**

They gathered the bread every day for six days. After the “*daily and extra gathering*” **ON THE SIXTH DAY** the rulers of the congregation went to inform Mosheh and he said

“**TOMORROW is a rest, a Sabbath set-apart to YAHUWAH**”.

Just because they left the mannah up until morning does not mean a day begins at morning. They are not seeing the main significance of the story here. Since the Children of Y’israel followed Yahuwah’s Command to gather twice as much on the sixth day the extra leftovers did not stink or rot with worms on the Seventh day as it would any other day. This does not mean a day begins at morning. Would you

want to eat food that sat out all night? I wouldn't, unless Yahuwah blessed it to not rot as He did in this situation.

5. Since Mosheh said in Exodus 16:25 *“Eat it today, for today is a Sabbath to YAHUWAH, today you do not find it in the field.”* and since he did not say “Eat it this evening...” this definitely means that the day does not begin at evening. This verse totally supports the day beginning at sunrise!

Oh boy, are you laughing yet? Let's see what the verse before this one says:

“And **they laid it up till morning**, as Mosheh commanded. And it did not stink, and no worm was in it.”
(Exodus 16:24)

No more reading 'in between the lines here'! In verse 22 they gathered twice as much on the sixth day, in their daily manna gathering. Once they gathered twice as much, the rulers of the congregation came to inform Mosheh. In verse 23, Mosheh told them tomorrow is the Sabbath. Unlike the other days of the week when they were commanded not to lay it up to morning, on the sixth day, they were commanded to lay up the Sabbath's Day portion until morning. [I don't know about you, but after seeing the extra manna stink and full of worms any other morning, I would be questioning if I wanted to lay up this extra stuff.]

In verse 24 they woke up in the morning and HalleluYAH, the

manna had not one worm or stench to it! Some may have been uncertain if they should eat it or not, while others were probably rejoicing. After the morning came and the manna did not stink and no worm was in it Mosheh then told them in verse 25 to *“Eat it today, for today is a Sabbath to YAHUWAH, today you do not find it in the field.”*

There is no support for sunrise here. Very plain and simple. At least we got a good laugh out of it though.

6. There is not a verse that comes right out in English and says, a day begins at dawn, but let's face it there's no scripture that says a day starts at sundown either.

Of course there is not a verse that says a day begins at dawn because IT DOES NOT BEGIN AND END AT DAWN|SUNRISE. Reading through the 15+ witnesses to WHEN a day REALLY begins [and the several historical records] will CLEARLY show you the PROOF of the 24 hour day period beginning and ending at sundown|sunset.

7. Matthew 28:1

“Now after the Shabbath, toward dawn on one of the shabbathoth, Miryam from Magdala and the other Miryam came to see the tomb.”

Note: In all these examples the Sabbath ended at “dawn”.

Reading this verse can CLEARLY show anyone, it was already AFTER the Sabbath and TOWARD dawn. Matthew 28:1 does in no way, shape, or form give an example of the Sabbath ending at dawn. WE repeat, it was

ALREADY AFTER-THE-SHABBAT and TOWARD-DAWN. *It was not dawn yet, but toward dawn.*

8. The day begins at sunrise because the father-in-law said “*early tomorrow*”. Since the father-in-law said “*early tomorrow*,” he meant the first thing the next day. If a day begins at sunset this verse would not make any sense because the morning would be 12 hours into the day. It would not be *early tomorrow*.”

That is yet another assumption to support the false teaching of a day to begin at sunrise. Did you know “tomorrow” is actually old English for “in the morning”? It does not even necessarily mean, the next day... “[Middle English to morow, from Old English t morgenne, in the morning : t , at, on; see to + morgenne, dative of morgen, morning.]” -The American Heritage Dictionary of the English Language ©2000

The father-in-law asked the man to leave early tomorrow, early in the morning.

“Stay the night and leave early in the morning”

9. This is what the Torah says. If you don't want to accept it, that's your problem.

If they say their way is Torah, it is certainly not the Torah of Yahuwah given to Mosheh. It must be the Torah of the Sunrisers' Cult.

It does not take a rocket scientist to see the

SUN-RISERS'

NONSENSE

in the chart above. If a doctrine is indeed the truth there will be absolutely no contradictions. This doctrine is nonsense!

NONSENSE

There should be without question witness after witness proving its legitimacy. This is not the case with a sunrise, noon or midnight beginning/ending of the day.

Reading through what we have presented before you today is irrefutable and lines up verse by verse.

Reading through the innumerable verses that are supposed to support every other period of time except sunset DO NOT support each other. There is no need to assume anything or read between the lines.

Our evidence is very *PLAIN and SIMPLE.*

Scriptural **Proof** -Sunset → Sunset-

The PERFECT 7 Building blocks of TRUTH

"WHEN does a day REALLY begin?" | ©2013 FollowersofYah.com

"for it is toward **EVENING**,
and **THE DAY HAS**
DECLINED"
Luke 24:29

"AFTER the Sabbath,
toward dawn"
Matthew 28:1

"as it began to be
dark before the Sabbath."
Nehemiah 13:19

"WHEN THE SABBATH WAS PAST they
bought the spices and then they came to
the tomb **AT THE RISING OF THE SUN.**"
Mark 16:1-2

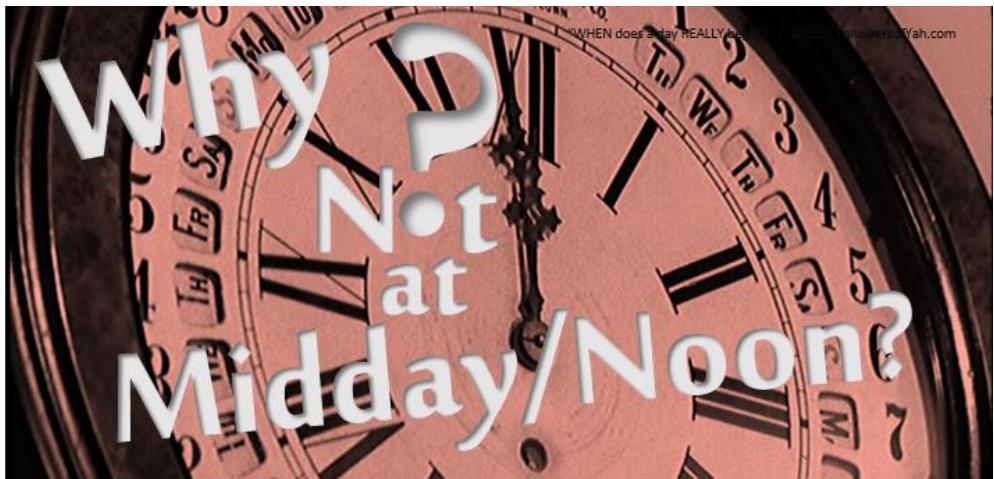
"Let his body
NOT REMAIN
OVERNIGHT on
the tree, for you
shall certainly
bury him **THE**
SAME DAY"
Deuteronomy 21:22-23

"SEE, THE DAY IS **NOW**
DRAWING TOWARD
EVENING. PLEASE
SPEND THE NIGHT.
SEE, **THE DAY IS**
COMING TO AN
END"
JUDGES 19:9

"on the first day of the
week Miryam from
Magdala came early to
the tomb, **WHILE IT WAS**
STILL DARK"
John 20:1

"WHEN does a day REALLY begin?" | ©2013 FollowersofYah.com

There are no; 'if' 'ands' or 'buts'. No assumptions and definitely no reading in between the lines. Plain and simple. The 24-hour day ends at the same period in all Scripture occurrences. Not sometimes, but ALLtimes.



There is yet another dogmatic idea that the day begins and ends at mid-day, noon. To properly line up with Scripture, this is impossible. How so? Frankly, there really is no need to even discuss how midday is not **WHEN a day REALLY begins**. However, there are those who insist this is an accurate interpretation of Scripture. First of all, the Julian calendar assigned the day to begin at noon. Before then, it was unheard of.

Please see the following definitions from the Strong's Hebrew Dictionary of Bible Words:

NOON: H6672. רהצ. *tsôhar*, (tso'-har) From H6671; a light (that is, window); dual double light, that is, noon: - midday, noon (-day, -tide), window.

EVENING: H6153. ברע. *`ereb*. (eh'-reb) From H6150; dusk: - + day, even (-ing, tide), night.

H6150. ברע. *`ârab*. (aw-rab') to grow dusky at sundown: - be darkened, (toward) evening.

MIDDAY: H4276. מִצְחַחַמַּח machătsîyth, (makh-ats-eeth')
From H2673; a halving or the middle: - half (so much),
mid [-day].

Those who have this belief of the day beginning at noon are just as misled as those who have the belief that a day begins at sunrise. They also want to use statements saying that darkness represents evil. Saying, “*Why would a day begin at darkness?*” Reading through Scriptures will clearly reveal as we have already shown], the day begins at sundown. Out of the ENTIRE Scriptures, those who believe in a midday cycle only want to use these couple of verses to prove their point.

*“It is a Sabbath of rest to you, and you shall afflict your beings. On the ninth day of the month at **evening**, from evening to evening, you observe your Sabbath.”*
–Wayyiqra (Leviticus) 23:32 (ISR)

*“...the Passover in the **evening**, at the going down of the sun, at the appointed time you came out of Mitsrayim.”*
–Debarim (Deuteronomy) 16:6 (ISR)

Yes, beloved ones, that is all. These are the only two verses used. However, they use the Kings James Version. The main difference is the word ‘evening’. In the King James Version, it is written as ‘even’. As you can see above in the definition of EVENING. Clearly, this word is not suggesting the time of noon being **WHEN a day REALLY begins**. Look at how other Bible versions interpret Deuteronomy 16:6.

“Kill the sacrifice at sunset, the time of day when YOU LEFT EGYPT.” (Contemporary English Version)

*“Do this in the evening as the sun goes down. This is the same time you did it when YOU LEFT EGYPT.”
(G-d’s Word)*

We have some keywords here that will reveal to us WHEN ‘evening’ really was in Deuteronomy 16:6. Reading this verse shows us that the sacrifice was to be performed at ‘even’, ‘sunset’, ‘as the sun goes down’. The second half of verse six also gives us a clue. This clue reveals to us where we need to look next. Knowing exactly WHEN the children of Yisra’el left Egypt will give us our answer to WHEN this time of the day REALLY is.

*“Guard the month of Abib, and perform the Passover to YAHUWAH your Elohim, for in the month of Abib YAHUWAH your Elohim brought you out of Egypt (Mitsrayim) **BY NIGHT.**”*

-Debarim | Deuteronomy 16:1

“And they baked unleavened cakes of the dough which they had brought out of Mitsrayim, for it was not leavened, since they were driven out of Mitsrayim, and had not been able to delay, nor had they prepared food for themselves. And the sojourn of the children of Yisra’el who lived in Mitsrayim was four hundred and thirty years. And it came to be at the end of the four hundred and thirty years, on that same day it came to be that all the divisions of YAHUWAH went out from the land of Egypt Mitsrayim. It is a night to be observed

unto YAHUWAH for bringing them out of the land of Mitsrayim. **THIS NIGHT IS UNTO YAHUWAH**, to be observed by all the children of Yisra'el throughout their generations. And YAHUWAH said to Mosheh and Aharon, "This is the law of the Passover: No son of a stranger is to eat of it, but any servant a man has bought for silver, when you have circumcised him, then let him eat of it. "A sojourner and a hired servant does not eat of it. "It is eaten in one house, you are not to take any of the flesh outside the house, nor are you to break any bone of it. "All the congregation of Yisra'el are to perform it. "And when a stranger sojourns with you and shall perform the Passover to YAHUWAH , let all his males be circumcised, and then let him come near and perform it, and he shall be as a native of the land.

But let no uncircumcised eat of it. "There is one Torah for the native-born and for the stranger who sojourns among you." And all the children of Yisra'el did as יהוה commanded Mosheh and Aharon, so they did. And it came to be on **that same DAY** that YAHUWAH brought the children of Yisra'el out of the land of Mitsrayim according to their divisions." -Shemoth (Exodus) 12:39-

51

How exciting that must have been. We have discovered WHEN Yahuwah brought the children of Yisra'el out of Egypt (Mitsrayim). We also see, highlighted in blue that NIGHT is considered to be DAY here also. This is just another witness that Night AND Day make up a full 24 hour day cycle.

In review, we have seen WHEN the children of Yisrael were to do the Passover sacrifice, which is also the same time WHEN Yahuwah brought them out of Egypt (Mitsrayim). This Passover night was also considered as part of the day. We have also researched what 'evening' means. Just because the sun begins to go down at noon does in no way mean that is when a day ends and begins. We do not need to further discuss this because clearly, from reading our Scripture, Historical and Documented Proof of WHEN a day REALLY begins there is no doubt of its beginning and end. A day begins and ends at Sunset.

Make note the order of the day in Tehillim (Psalms) 55:16-17

"I, I call upon Elohim, And YAHUWAH saves me. Evening and morning and at noon I complain and moan, And He hears my voice."

- 1. EVENING**
- 2. MORNING**
- 3. NOON**

AUTION CAUTION CAUTION

DANGEROUS DECEPTION

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What if parts of the flock begin their Sabbath at sunset while others begin at sunrise or if some want to rest for only twelve hours, who cares? We're all believers. We can keep twelve hours of the Sabbath together, right? Wrong! To the part of the flock that may believe this is no biggie, we beg to differ! On the contrary to such thoughts, not being right on target with the Sabbath could have devastating effects on us believers and is quite dangerous!

It is a known fact that the seventh day Sabbath has been attacked down throughout the ages of time. Millions of people have died in defense of upholding Yahuwah's fourth commandment! These faithful Qodesh ones, even in the face of death, they would not let anything come between the love they have towards the Creator of Heaven and Earth! They knew that keeping the Sabbath meant much more than anything this earth has to offer. By keeping the Seventh Day Sabbath, they showed the entire world whom they worshipped, Yahuwah! They even



knew that by keeping the Sabbath Qodesh they would receive HIS seal! For this reason Satan, that roaring lion has tried every trick up the sleeve to trap humanity into not obeying the fourth commandment.



All false doctrine is detrimental to us called out ones. We here at the F.O.Y. ministry through the years have seen members of the **Body of Mashiach** turn from keeping the Seventh day Sabbath into being beguiled into following false doctrines. Some no longer keep a full 24

hour Sabbath, but only keep twelve hours. To our surprise, some just keep Friday (6th day) night to Saturday (7th day) morning! Their Sabbath mainly consists of them sleeping through the night! They would then spend the rest of the day-light hours of the seventh day going to yard sales, shopping and working! The last we heard from one of those individuals, they have thus totally denied the Mashiach, Yahushua! We speak a truth... Satan is subtle and will slowly worm into the unsuspecting victim. Before long, they have totally back-slided.

Others within the flock have started keeping the day light hours as they ran with the verse in John 11:9, when Messiah speaks of twelve hours in a day. Without rightly dividing the word, they are thus breaking the



Sabbath because a day consists of twenty four hours; as we have shown. The sun-risers along with the lunar Sabbath keepers are still worshipping the day of the Sun which is Baal worship. This is no different than the pagans, heathens and even Christians worshipping the sun deity. Whoever keeps any part of the Sun-day as a Sabbath is partaking and thus partners with the Universal Church (The R.C.C.). This is extremely dangerous as the closer we get to the upcoming forced Sunday law, we will see more compromise amongst the little flock.

A major Christian denomination known as the SDA have even done a complete flip flop [compromising with the RCC!](#)

Quite a few believers on the other hand, simply want to do away with anything remotely Jewish. Their philosophy is if it is Jewish, then they automatically throw it out assuming it is wrong! This ought not to be the case as even within Judaism there are partial truths. Similar to how there are also



partial truths within the Christian faith. Since Moslem's do not eat swine does that then mean we should? Or since their women dress modest then should we not? See, how wrong

this is? Basing our beliefs on what others do or do not do is silly.


Many believers are so eager to come out of Babylon that they are willing to make up ANYTHING to make it appear like they are holier than the rest. Several others have the idea that since they are the few who believe this doctrine or that doctrine then truly it must be accurate. This is so far from the truth. Not all times the minority is correct. The bottom line is, if it does not line up with Scriptures, then the teaching is completely false. Plain and simple.

False doctrine is used to deceive and cause spiritual harm. Therefore, we must study to show ourselves approved. When we study and rightly divide the word we will not be tossed around with every wind of doctrine that springs forth from the jaws of Satan. Don't be tricked into false teachings but stand firm. Hold fast to the solid foundation earnestly seeking truth in all matters!

The dangerous deception is to believe that the Sabbath starts at any time other than the time Yahuwah has declared Qodesh from the very beginning! Keeping sunrise to sunrise, midday or even a lunar Sabbath are still part of the Universal church in which we have been called to come out of. Don't you ever forget that part of the [Jesuits oath](#) is to [infiltrate into all churches, groups and congregations to destroy the truth at any cost.](#) (Link: <http://www.ianpaisley.org/article.asp?ArtKey=jesuit>)

The Jesuits

We are a Religious Order of Priests & Brothers
founded in 1540 by St Ignatius of Loyola.



Any men who know they are sinners, yet called to be companions of Jesus, as St Ignatius was, to engage under the Cross, in the crucial struggle of our time - the service of faith which necessarily includes the promotion of justice; through dialogue with other religious traditions and the engagement with culture which is essential for the effective presentation of the Gospel.

General Congregation 34



Conclusion

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How awesome is this? There is no need for anymore guesses, assumptions, reading between the lines or estimations of **WHEN the day REALLY begins!** The truth is very *plain and simple* in the many verses and historical accounts we have shown. Please, don't let something as little as twelve hours of the beginning of a day divide and conquer the small flock. The truth in this matter is, **a day REALLY begins as SUNSET**. By the mouth of two or three witnesses every word shall be established as declared by Yahuwah! (Deb. | Deut. 19:15) Brothers and Sisters, we have shared over fifteen Scriptural witnesses of **WHEN a day REALLY begins**.

The fact remains there is no Scriptural proof that declares the Seventh day Sabbath or even a day can occur during sunrise. What is extremely dangerous is when anyone tries to add to the Scriptures, twisting this verse and that verse to simply make a false doctrine. We at the F.O.Y. Ministry pray that each of you will never overlook the simplicity of our Abba's Words by reading into matters that are simply not there. Or even by stretching the truth to fit some teaching. Even more so, especially not to assume what our Father did or did not mean. Most importantly, by no means should we completely

rip out verses that do not line up with a certain doctrine! May each of you allow HIS word to speak for itself without all the added clutter! Please do not be deceived!

.....

Footnotes:

1. "Be sober, watch, because your adversary the devil walks about like a roaring lion, seeking someone to devour. Resist him, firm in the belief, knowing that the same hardships are experienced by your brotherhood in the world." -1 Peter 5:8-9

2. "So then subject yourselves to Elohim. Resist the devil and he shall flee from you." -James 4:7

3. "Do your utmost to present yourself approved to Elohim, a worker who does not need to be ashamed, rightly handling the Word of Truth." -2 Timothy 2:15

4. In the year 321 A.D., Constantine decreed, "On the venerable day of the Sun let the magistrates and people residing in cities rest, and let all workshops be closed" (Codex Justinianus lib. 3, tit. 12, 3; trans. in Philip Schaff, History of the Christian Church, Vol. 3, p. 380, note 1).

5. "The Pope has the power to change times, to abrogate laws, and to dispense with all things, even the precepts of Christ." "The Pope has the authority and often exercised it, to dispense with the command of Christ." -Decretal, de Tranlatic Episcop. Cap. (The Pope can modify divine law.) Ferraris' Ecclesiastical Dictionary.

"We observe Sunday instead of Saturday because the Catholic Church, in the Council of Laodicea, (AD 336) transferred the solemnity from Saturday to Sunday..."
-Convert's Catechism of Catholic Doctrine.

6. During Pope Gregory's reign (1572-1585), the Gregorian calendar 'day cycle' changed from beginning/ending at sunset to beginning/ending at midnight.

